

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Assorted Cereal	Cheese and Ham Croissants	Beans on Toast	Smashed Avocado Bagels	Assorted Cereal
Lunch	<p>Cheesy Tuna and Sweetcorn Pasta Bake, Fresh Bread and Steamed Mixed Vegetables</p> <p>Vegetable Pasta Bake</p> <p>Mixed Fruit Salad</p>	<p>Sausage and BBQ Bean Casserole, Paprika Potato Wedges and Buttered Peas</p> <p>Vegan Sausage and Bean Casserole</p> <p>Watermelon Slices</p>	<p>Chicken and Vegetable Stew with Dumplings, Mashed Potato and Green Beans</p> <p>Vegetable Stew</p> <p>Forest Berry Flan Tart</p>	<p>Chicken Tikka Curry, Rice, Duck Spring Rolls, Poppadum's and Mango Chutney</p> <p>Vegetable Curry, Vegetable Spring Rolls</p> <p>Peach Posset</p>	<p>Beef Lasagne, Garlic Bread and Buttered Cauliflower</p> <p>Vegan Lasagne</p> <p>Strawberry Mousse</p>
Tea	<p>Chicken and Chorizo Jambalaya, Steamed Carrots</p> <p>Vegetable Jambalaya</p> <p>Carrot Cake with Cream Cheese Frosting</p>	<p>Spiced Beef Enchiladas, Cous-Cous and Cucumber Sticks</p> <p>Spiced Pepper Enchiladas</p> <p>Mixed Fruit Tart</p>	<p>Jacket Potato, Chilli Con Carne and Greek Salad</p> <p>Vegan Chilli Con Carne</p> <p>Sticky Ginger Cake with Crème Fraiche and Orange Zest</p>	<p>Beef, Leek and Swede Cumberland Pie, Mashed Potato and Steamed Mixed Vegetables</p> <p>Quorn Chicken and Dairy Free Cheese</p> <p>Fruity Pancakes</p>	<p>Salmon En-Croute, Cous-Cous, Broccoli and Peas</p> <p>Vegetable Pastry Pockets</p> <p>Mango Tart with Cream</p>