

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Assorted Cereal	Toasted Waffels with Fruit Compote or Honey	Beans on Toast	Assorted Cereal	Scrambled Egg on Toast
Lunch	<p>Three Cheese Mac and Cheese, Garlic Bread and Garlic Roasted Courgette</p> <p>Dairy Free Mac and Cheese</p> <p>Mixed Fruit with Greek Yogurt</p>	<p>Cottage Pie, Mashed Potato and Steamed Carrots and Broccoli</p> <p>Vegan Cottage Pie</p> <p>Fruit Salad</p>	<p>Chilli Con Carne, Rice, Tortilla Chips and Homemade Guacamole</p> <p>Vegan Chilli</p> <p>Assorted Melon Slices</p>	<p>Roast Chicken Dinner, Roast Potatoes, Peas, Cauliflower, Yorkshire Pudding</p> <p>Quorn Chicken</p> <p>Yogurt Pots</p>	<p>Chicken Korma, Steamed Mixed Vegetables, Rice and Vegetable Spring Rolls</p> <p>Vegetable Korma</p> <p>Banna Split with Cream and Chopped Grapes</p>
Tea	<p>Chicken Enchiladas, Courgette Cous-Cous and Buttered Sweetcorn</p> <p>Vegetable Enchiladas</p> <p>Ginger Cake with Cream Cheese Frosting</p>	<p>Homemade Cheese Burgers, Sweet Potato Fries and Corn on the Cob</p> <p>Vegan Burgers</p> <p>Beetroot Brownie</p>	<p>Spanish Chicken, Paprika Potato Wedges, Peas and Sweetcorn</p> <p>Vegan Chicken</p> <p>Victoria Sponge</p>	<p>Swedish Turkey Meatballs, Spaghetti, Buttered Roasted Parsnips</p> <p>Vegan Meatballs</p> <p>Apricot Flapjack</p>	<p>Sausage Plait, Mashed Potato and Buttered Peas</p> <p>Vegan Plait</p> <p>Lemon Drizzle Cake</p>